

booklist



with feeling

EMOTIONAL INTELLIGENCE THROUGH THE ARTS

Children's Books for Supplemental Use with Each Unit

Unit 1: Who Am I?

Title	Author	Grade Level	The Gist
<i>Ish</i>	Peter Reynolds	1–3	Sometimes your art doesn't look exactly the way you want it to; but in the end, that's OK.
<i>Beautiful Oops</i>	Barney Saltzberg	K–2	Mistakes can lead to creative adventure.
<i>The Story of Ferdinand</i>	Munro Leaf	1–3	Ferdinand is a special bull; he doesn't want to fight. But what's different about him ultimately makes him beautiful.
<i>I Like Myself</i>	Karen Beaumont	K–2	"I like myself, I'm glad I'm me."
<i>I Love My Hair</i>	Natasha Anastasia Tarpley	K–3	A story for making African American girls feel proud of their hair and heritage.
<i>Amazing Grace</i>	Mary Hoffman	1–3	Grace wants to be in the school play, but they say she can't because she's black, and a girl.
<i>Only One You</i>	Linda Kranz	K–2	You're unique! And that's cool.

Unit 2: How Do I Feel?

Title	Author	Grade Level	The Gist
<i>When Sophie Gets Angry—Really, Really Angry</i>	Molly Bang	K–2	Sophie gets mad and goes for a walk to deal with it.
<i>Wemberly Worried</i>	Kevin Henke	K–2	A mouse gets anxious about starting kindergarten, but it's actually not so bad in the end.
<i>My Many Colored Days</i>	Dr. Seuss	K–4	Different feelings and different colors to go with them.
<i>Have You Filled A Bucket Today?</i>	Carol McCloud	K–4	The way you act affects the way others feel.
<i>Alexander and the No Good, Terrible, Horrible, Very Bad Day</i>	Judith Viorst	K–3	Sometimes everyone has a bad day. That just happens.
<i>The Pout Pout Fish</i>	Deborah Diesen	K–3	This is just the saddest fish. Can he be cheered?

Unit 3: How Can I Solve My Problems?

Title	Author	Grade Level	The Gist
<i>Freedom Summer</i>	Deborah Wiles	2–4	Two friends (one white, one black) face racial tension in their town.
<i>Moses: When Harriet Tubman Led Her People to Freedom</i>	Carol Boston Weatherford	2–4	The story of Harriet Tubman
<i>What If Everybody Did That?</i>	Ellen Javernick	1–4	Lots of problems, and hypothetical outcomes if everyone perpetuated them.
<i>The Three Questions</i>	Jon J. Muth	1–4	A tale about how difficult it can be to know whether you are doing the right thing or not.
<i>A Terrible Thing Happened</i>	Margaret M. Holmes	K–4	This is about something really bad happening (they don't say what), and how to deal with the pain of it.

Unit 4: How Do I Work with Others?

Title	Author	Grade Level	The Gist
<i>Mine!</i>	Shutta Crumb	K–2	This kid just won't share—it affects everyone.
<i>Rainbow Fish</i>	Marcus Pfister	K–4	One fish has all the cool scales—until he realizes he won't be happy until he can share.
<i>Liam Wins the Game Sometimes</i>	Jane Whelen Banks	K–2	Sometimes you win, sometimes you don't.
<i>Llama Llama Time To Share</i>	Anna Dewdney	K–3	Llama doesn't want to share! But it's time.
<i>The Potato Chip Champ</i>	Maria Dismundy	K–4	This book uses a potato chip contest to teach tolerance around people from different economic backgrounds.