



### Yearlong Objectives

- Express oneself in words and art.
- Work as an ensemble.
- Understand the power and importance of uniqueness.

### Essential Questions

- What is special and unique about me?
- How can I use a new drawing style to express myself?

### Lesson Objectives

- Describe the difference between comfortable and uncomfortable emotions.
- Define manga, and discuss its cultural importance in Japan.
- Create a unique self-portrait in the style of a manga drawing.

### National Arts Standards

- Demonstrate openness in trying new ideas, materials, methods, and approaches in making works of art and design. *(VA:Cr2.1.6a)*
- Identify and interpret works of art or design that reveal how people live around the world and what they value. *(VA:Re.7.1.6a)*
- Generate a collection of ideas reflecting current interests and concerns that could be investigated in art making. *(VA:Cn10.1.6a)*
- Contribute ideas and accept and incorporate the ideas of others in preparing or devising drama/theatre work. *(TH:Cr2-6.b)*



### Materials needed

Manga books, manga sketch guides, talking piece, black ink pens, bright markers, white paper, pencils for sketching



### Time needed

90 minutes



### Vocabulary for this lesson

Social-Emotional: *comfortable, uncomfortable, unique*

Visual Arts: *manga, anime*

Theatre: *ensemble*



### Warm-Up Phase (15 minutes)

**Circle:** Introduce vocabulary: comfortable and uncomfortable. *When I feel like things are going fine and I'm OK, I am feeling comfortable. When I'm bored or mad or sad or angry, I am feeling uncomfortable. Take a moment right now to decide whether you are feeling comfortable or uncomfortable right now. Notice how that changes or stays the same*

throughout the class. It can be helpful in life to check in with yourself regularly and decide whether you are feeling comfortable or uncomfortable.

**“Would you rather” question:** *Would you rather win the lottery or live to be 100?*

**Optional follow-up question:** *Are you feeling comfortable or uncomfortable?*

**Team-building game:** Name patterns, Level 1 (see [Team-Building Games](#))



### I Do/ We Do (20 minutes)

#### Explicitly Teach

- Go over the class objectives for the first time and briefly discuss what they mean.
- Define “comfortable” and “uncomfortable.” *If you are able to say whether you are feeling comfortable or uncomfortable in any given moment, it can help people treat you the way you want to be treated. Sometimes people don’t know how you’re feeling about something.*
- Explain that one of the first things we will need to do in order to be better to one another is to fully understand ourselves. *Every person is unique. That’s a really cool thing. Think about the things that are true about you that might not be true about everyone.* Provide examples from your own life if that feels appropriate.
- Define manga. Show examples of manga books. *Manga are comics created in Japan conforming to a style developed in Japan over 200 years ago. In Japan, people of all ages read manga.*
- Display eyes, lips, and sample drawings (attached). Model drawing a manga character

#### Keep in Mind

- Go over norms for an art space. *Art space needs to be safe, respectful and calm. What needs to happen to ensure everyone feels that way?*
- Go over the different art supplies used and how to use them kindly. *What is the right way to use this object? What is a way to use this object that might not be so kind?*
- People will work at different rates on this project. *If you finish early, you might want to create a different type of character. How can you go about this?*



### You Do (55 minutes)

#### The project, step-by-step

- Look at the manga sketch guides attached.
- Think about yourself and what makes you physically unique. What outfit do you feel the most comfortable in? What sorts of objects could you surround yourself with that define something about your personality?
- Sketch a full-body self-portrait in the manga style. If you are not happy with the way something looks, erase it and start again.
- Add black ink to your drawing when you are happy with the sketch.
- Fill in the details of your drawing with color using the markers.
- Add a talk bubble and a phrase you might say.

**Extensions:** Create another character that is in your life, like your mom, sister, or a close friend.

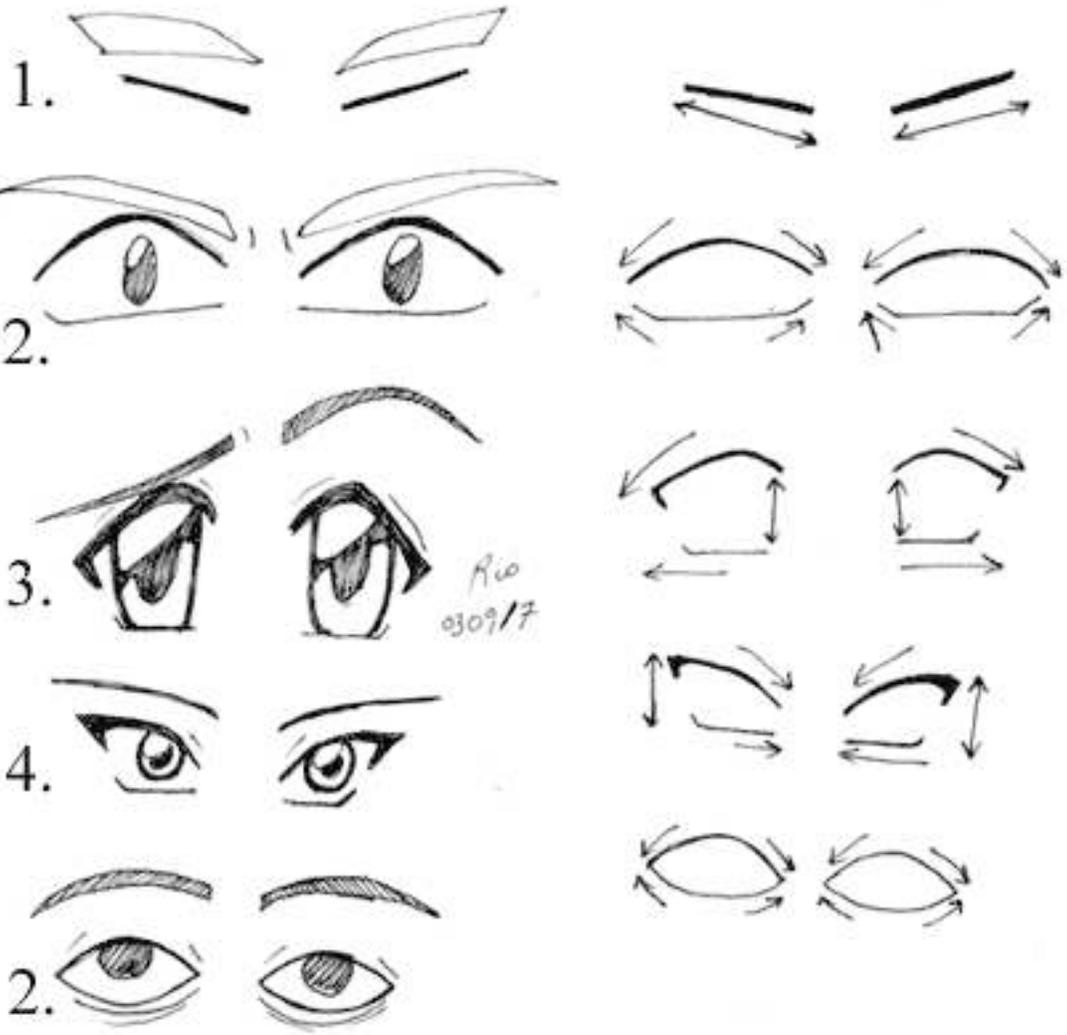
**Closure:** Share your drawings and have a neighbor read your talk bubble out loud.

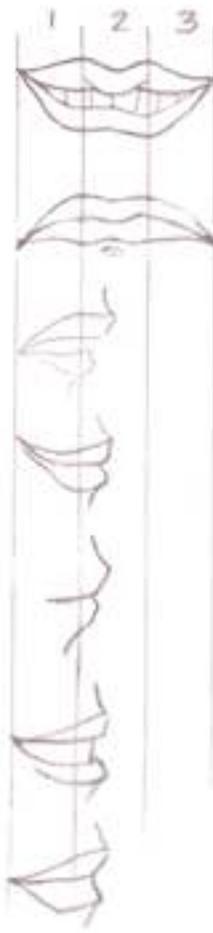
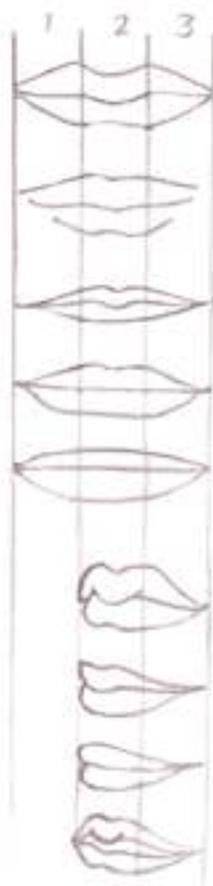
**Optional Writing Prompt:** Do you feel comfortable or uncomfortable today? Draw a picture to accompany your answer.



### Big Picture

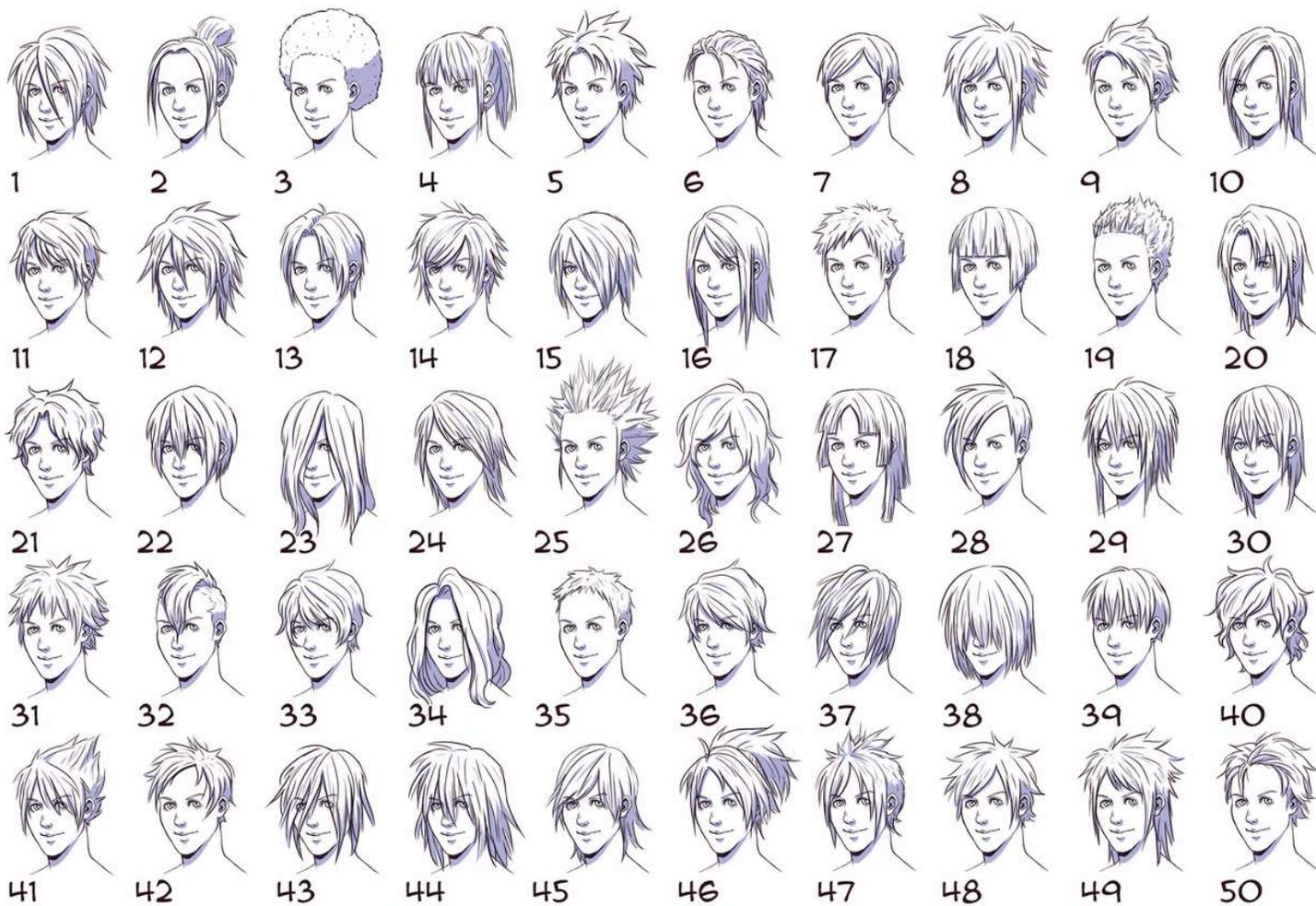
These characters will star in a short story about our lives that we will turn into a comic book.





# 50 MALE HAIRSTYLES REVAMPED

BY DOGGERLAND





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RIKU  
TSUKI  
HUMAN FORM  
Alexis II





